

FVL All-league: Girls Volleyball 2023

League MVP

Emma Watkins - Placer

All-league players

Sidney Schellenberg - Placer

Lainey Black - Placer

Kellyn Haggerty - Placer

Zoe Moeller - Placer

Sam Holley - Ponderosa

Lexi Power - Ponderosa

Rielyn Hooker - Ponderosa

Ava Pham - West Park

Xanthe Ocampo - West Park

Shea Connors - Nevada Union

Taylor Hodge - Lincoln

Erin Hyman - Oakmont

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Alex LaBass

Ponderosa High School

Athletic Director

Math Teacher

Varsity Womens Water Polo Coach