All FVL CROSS COUNTRY 2023

All-League Boys:

1. (MVP) Joshua Chu - 12th Grade, Ponderosa

2. Hayden Brooks - 12th Grade, Ponderosa

3. Josh Griffin - 11th Grade, Nevada Union

4. Kaden Nelson - 11th Grade, Ponderosa

5. Cooper Barr - 10th Grade, Placer

6. Caleb Dickerson - 12th Grade, Placer

7. Jack Hinsz - 11th Grade, Ponderosa

8. Braden Himley - 10th Grade, Ponderosa

9. John Carlson - 11th Grade, Oakmont

10. Colton Stanbridge - 11th Grade, Ponderosa

All-League Girls:

1. (MVP) Anna Soares - 12th Grade, Placer

2. Samantha Scholz - 11th Grade, Ponderosa

3. Leah Krason - 9th Grade, Nevada Union

4. Olivia Passafiume - 11th Grade, Placer

5. Emmy Angelo - 9th Grade, Ponderosa

6. Elise Bergqvist - 10th Grade, Placer

7. Eleni Keriotis - 10th Grade, Nevada Union

8. Ariel Soares - 9th Grade, Placer

9. Grace Mueller - 12th Grade, Placer

10. Olive Bailey - 9th Grade, West Park