

2024 Foothill Valley League - Men's Lacrosse

Day	Date	Home	Visitor	Time
Friday	3/1	Roseville	Nevada Union	JV 5:00; V 7:00
		West Park	Christian Bros	
		Lincoln (L)	Woodcreek	
		Oakmont	Grant	
		Lincoln (S)	Bear River	
Wednesday	3/6	Christian Bros	Roseville	
		Nevada Union	West Park	
		Woodcreek	Lincoln (S)	
		Grant	Lincoln (L)	
		Oakmont	Bear River	
Friday	3/8	Roseville	West Park	
		Woodcreek	Nevada Union	
		Lincoln (L)	Christain Bros	
		Bear River	Oakmont	
		Lincoln (S)	Grant	
Wednesday	3/13	Woodcreek	Roseville	
		Nevada Union	Christian Bros	
		Grant	West Park	
		Bear River	Lincoln (L)	
		Lincoln (S)	Oakmont	
Friday	3/15	Roseville	Lincoln (L)	
		Oakmont	Nevada Union	
		Christian Bros	Woodcreek	
		West Park	Lincoln (S)	
		Bear River	Grant	
Wednesday	3/20	Oakmont	Roseville	
		Nevada Union	Grant	
		Christian Bros	Lincoln (S)	
		Woodcreek	West Park	
		Lincoln (L)	Bear River	
Friday	3/22	Roseville	Grant	
		Lincoln (S)	Nevada Union	
		Bear River	Christian Bros	
		West Park	Lincoln (L)	
		Woodcreek	Oakmont	

Day	Date	Home	Visitor	Time
SPRING BREAK - ALL (Except Lincoln (S))				JV 5:00; V 7:00
Wednesday	4/3	Lincoln (S) SP BK	Roseville	
		Nevada Union	Bear River	
		Christian Bros	West Park	
		Grant	Woodcreek	
		Oakmont	Lincoln (L)	
Friday	4/5	Roseville	Bear River	
		Lincoln (L)	Nevada Union	
		Christian Bros	Oakmont	
		West Park	Woodcreek	
		Grant	Lincoln (S) SP BK	
Wednesday	4/10	Nevada Union	Roseville	
		Woodcreek	Christian Bros	
		Bear River	West Park	
		Lincoln (L)	Lincoln (S)	
		Grant	Oakmont	
Friday	4/12	Roseville	Christian Bros	
		West Park	Nevada Union	
		Woodcreek	Bear River	
		Lincoln (L)	Grant	
		Oakmont	Lincoln (S)	
Wednesday	4/17	West Park	Roseville	
		Nevada Union	Woodcreek	
		Christian Bros	Grant	
		Lincoln (L)	Oakmont	
		Bear River	Lincoln (S)	
Friday	4/19	Roseville	Woodcreek	
		Christian Bros	Nevada Union	
		Oakmont	West Park	
		Grant	Bear River	
		Lincoln (S)	Lincoln (L)	
Wednesday - Saturday FVL League Tournament				

2024 Foothill Valley League - Men's Lacrosse

		1	2	3	4	5	6	7	8	9	10	Key Dates
Pre-Season 1	W											First Practice Mon. 2/5
2/19-2/23	F											
Pre-Season 2	W											First Contest Fri. 2/23 Roseville JUHSD No School 2/19-2/23
2/26-3/1	F	1v2	2v1	3v4	4v3	5v6	6v5	7v8	8v7	9v10	10v9	
Week 1	W	1v3	2v4	3v1	4v2	5v9	6v8	7v10	8v6	9v5	10v7	
3/4-3/8	F	1v4	2v5	3v6	4v1	5v2	6v3	7v10	8v9	9v8	10v7	
Week 2	W	1v5	2v3	3v2	4v8	5v1	6v10	7v9	8v4	9v7	10v6	
3/11-3/15	F	1v6	2v7	3v5	4v9	5v3	6v1	7v2	8v10	9v4	10v8	
Week 3	W	1v7	2v8	3v9	4v5	5v4	6v10	7v1	8v2	9v3	10v6	
3/18-3/22	F	1v8	2v9	3v10	4v6	5v7	6v4	7v5	8v1	9v2	10v3	
Week 4	W											Spring Break - 3/25-3/29
3/25-3/29	F											
Week 5	W	1v9	2v10	3v4	4v3	5v8	6v7	7v6	8v5	9v1	10v2	Spring Break Lincoln (S) 4/1-4/5
4/1-4/5	F	1v10	2v6	3v7	4v5	5v4	6v2	7v3	8v9	9v8	10v1	
Week 6	W	1v2	2v1	3v5	4v10	5v3	6v9	7v8	8v7	9v6	10v4	
4/8-4/12	F	1v3	2v4	3v1	4v2	5v10	6v8	7v9	8v6	9v7	10v5	
Week 7	W	1v4	2v5	3v8	4v1	5v2	6v7	7v6	8v3	9v10	10v9	
4/15-4/19	F	1v5	2v3	3v2	4v7	5v1	6v9	7v4	8v10	9v6	10v8	
Week 8	W											League Playoff - TBD Last Contest Sat. 4/27
4/22-4/26	F											

4/29-5/4

SJS Section Playoff

			School	COACH	PHONE #	EMAIL
Division A		1	Roseville	Ryan Sutherland	978-424-5108	ryansuth55@gmail.com
Plays 1-5 (2x)		2	Nevada Union	Sam Carroll		coachcarroll12@gmail.com
plays 6-10 (1x)		3	Christian Bros	David Webster	916-213-3283	dcweb21@gmail.com
		4	West Park	Ryan Pinney	916-872-7139	rpinney@rjuhsd.us
		5	Woodcreek	Rick Burke	916-724-9300	rickburke777@gmail.com
Division B		6	Lincoln (L)	Kyle Morris	619-962-3366	kmorris@wpusd.org
Plays 1-5 (1x)		7	Oakmont	Zack Wall	916-316-0216	zachary.wall11@gmail.com
plays 6-10 (2x)		8	Grant	Anthony Malisaukas		anthony.malisaukas@twinriversusd.org
		9	Lincoln (S)	Cody Wright-Freeman		codywf91@gmail.com
		10	Bear River (Bye)	Eric Crabbe		brhsbruinslax@gmail.com
			Bear River Assistant	Chad Kodet	530-368-5831	chad.kodet@workday.com
			League Liason/Advocate	Dana Moore	916-521-5426	dmoe5@yahoo.com
			FVL Commisioner	Tom Henderson		tom-henderson@sbcglobal.net