

All-FVL Boys Basketball 2022-23

Garret Durto -Placer

League MVP

Clark Woods -Ponderosa

FVL Coach of the year

First team ALL LEAGUE

Max Manfredi	Ponderosa
Marco Moorman	Ponderosa
Lake Liebscher	Ponderosa
Ben Manley	Placer
Sam Herlehy	Placer
Beni Njomo	Lincoln
Sami Tekeste	Lincoln
Dylan Fear	Lincoln
Tallis Toure	West Park
Andre Anderson	West Park
Julian Witt	Nevada Union

SECOND TEAM ALL LEAGUE

Ethan Boness	Ponderosa
Keenan Patterson	Ponderosa
Kobe Espina	Placer
Tristan Atienza	Lincoln
Ethan Nelson	Lincoln
Jaden Jackson	West Park
Zy Style	West Park
Jonah Beck	Nevada Union
Thomas Dutro	Oakmont
Ryu Decena	Oakmont
Shane Baer	Oakmont