

FVL 2022 Boys Basketball - 1st team all league

MVP- Aaron Bliss	Ponderosa
Casen Chaney	Ponderosa
Nick Von Zboray	Ponderosa
Kevin Haupt Jr.	Oakmont
Derek Lamb	Oakmont
Garret Dutro	Placer
Ben Manley	Placer
Beni Njomo	Lincoln
Jake Overbay	Lincoln
Juan Rubio	Rio Linda
Milo Goehring	Nevada Union
Andre Anderson	West Park
Coach of the Year - Clark Woods	Ponderosa

FVL Boys Basketball - 2nd team all league

Jacob Florance	Ponderosa
Lake Liebscher	Ponderosa
Aiden Acosta-Leaks	Oakmont
Brent Gill	Oakmont
Greg Dimapilis	Oakmont
Leo Garcia	Placer
Anthony Manley	Placer
Cowen Meyer	Placer
Josh Alarcon	Lincoln
Camarion Berry	Rio Linda
Corey Ellis	Nevada Union
Tallis Toure	West Park